

INGREDIENTS *Fruit Salad*

4 cups fresh strawberries, halved

2 cups fresh blueberries

2 kiwifruit, peeled and sliced

2 bananas, sliced

2 cups seedless grapes, halved

1 (8 ounce) container plain or vanilla yogurt

2 teaspoons lemon juice

1 teaspoon sugar

1/2 teaspoon vanilla extract